

Terms and Conditions:

Effective Date: October 2026

By purchasing or booking a GlowNFlow Face Yoga Studio ("GlowNFlow," "we," "us," or "our") service, you acknowledge that you have read, understood, and agree to these Terms & Conditions.

1. Services

GlowNFlow provides live online face-yoga, facial movement, breathing, relaxation, and general wellness sessions for educational and wellness purposes.

Our services are not intended to diagnose, treat, cure, or prevent any medical condition and are not a substitute for medical care, diagnosis, or professional medical advice.

2. Age Requirement

GlowNFlow services are intended for participants **18 years of age or older**. Participants under 18 may participate only with prior written consent from a parent or legal guardian and where appropriate arrangements have been made with GlowNFlow.

3. Booking and Payment

Payment is required at the time of booking unless otherwise stated. A booking is confirmed after successful payment.

Customers are responsible for providing accurate booking and contact information.

4. Cancellation, Rescheduling and Refunds

Cancellations, rescheduling, and refunds are governed by GlowNFlow's applicable **Return/Cancellation & Refund Policy** displayed at checkout.

5. Multi-Week Programs and Missed Sessions

For multi-week programs, the purchase covers the complete program.

Missing an individual session does not reduce the program price or automatically qualify the participant for a refund.

When available, GlowNFlow may offer a group makeup or catch-up session for eligible missed sessions. Makeup sessions are subject to instructor availability and are not guaranteed.

6. Participant Safety

Participants are responsible for participating within their own comfort level and abilities.

Participants should perform exercises gently and follow the instructor's guidance.

If an exercise causes pain, significant discomfort, dizziness, difficulty breathing, or another concerning symptom, the participant should stop the exercise.

7. Health and Wellness Disclaimer

GlowNFlow provides general wellness and educational instruction and does not provide medical diagnosis, treatment, or medical advice.

Participants are responsible for determining whether participation is appropriate for them. If a participant has a medical condition, injury, recent procedure, pregnancy-related concern, or other health concern, they should consult an appropriate healthcare professional before participating.

GlowNFlow does not guarantee any particular cosmetic, physical, wellness, or other result.

8. Online Participation and Technology

Sessions are provided online using the platform specified at the time of booking.

Participants are responsible for having a suitable internet connection, compatible device, and ability to access the session.

GlowNFlow is not responsible for technical difficulties caused by a participant's internet connection, device, software, or equipment.

9. Meeting Links and Access

Private meeting links and access information are intended only for registered participants.

Participants may not share private meeting links or access information with individuals who have not registered for the applicable service.

10. Class Materials and Recording

GlowNFlow may provide educational materials, exercise instructions, guides, videos, or other resources.

These materials are provided for the participant's personal use only.

Participants may not record, copy, reproduce, distribute, publish, sell, upload, modify, or commercially use GlowNFlow classes, instructional materials, videos, manuals, scripts, or other proprietary content without prior written permission.

Participants may not record a live session without prior permission from GlowNFlow.

11. Intellectual Property

The GlowNFlow name, logo, branding, original instructional materials, class content, written materials, graphics, videos, and other original content provided by GlowNFlow are owned by or used with permission by GlowNFlow Face Yoga Studio.

Nothing in these Terms transfers ownership or intellectual-property rights to a participant.

12. Personal Use

GlowNFlow services are provided for the purchasing participant's personal wellness and educational use.

Participants may not resell, teach, reproduce, or commercially distribute GlowNFlow's proprietary classes or materials without prior written permission.

13. Privacy

Customer information is handled according to GlowNFlow's applicable **Privacy Policy**.

14. Changes to Services or Schedule

GlowNFlow may occasionally need to change a session time, meeting platform, or other service detail because of illness, technical problems, emergencies, or other unforeseen circumstances.

When reasonably possible, GlowNFlow will provide advance notice and an appropriate alternative.

15. Service Interruptions

GlowNFlow will make reasonable efforts to provide scheduled services but cannot guarantee uninterrupted service in circumstances beyond its reasonable control.

When appropriate, GlowNFlow may reschedule an affected session or provide another reasonable alternative.

16. Acceptance of Terms

By completing a purchase or booking a GlowNFlow service, you confirm that you have read, understood, and agree to these Terms & Conditions and the applicable Return/Cancellation & Refund Policy and Privacy Policy.

If you do not agree with these terms, please do not purchase or book GlowNFlow services.

Privacy Policy:

Effective Date: October 2026

GlowNFlow Face Yoga Studio ("GlowNFlow," "we," "us," or "our") respects your privacy and is committed to handling your personal information responsibly.

1. Information We May Collect

When you visit our website, register for a webinar, book a service, or contact us, we may collect information such as:

- Name
- Email address
- Phone number, if provided
- Booking and appointment information
- Payment and transaction information
- Information you voluntarily provide when contacting us or completing a form
- Information automatically collected through our website, such as device, browser, and website usage information

GlowNFlow does not need or request your full payment-card number for ordinary bookings. Payment information is processed through our payment-processing providers.

2. How We Use Information

We may use information to:

- Process bookings and payments
- Provide purchased services
- Send booking confirmations and service-related communications
- Provide online session access information
- Respond to questions and customer requests

- Send marketing communications when permitted and where you have provided appropriate consent
- Improve our website and services
- Maintain business and transaction records
- Prevent fraud, misuse, or unauthorized access
- Comply with applicable legal obligations

3. Payment Processing

Payments may be processed through third-party payment providers used by GlowNFlow and our website platform.

GlowNFlow does not intentionally store complete payment-card information on its own systems.

Payment providers may process information according to their own privacy policies and terms.

4. Service Providers

We may share information with service providers that help us operate GlowNFlow, such as website, booking, payment-processing, email, video-conferencing, scheduling, and technology providers.

We do not sell your personal information as a business practice.

5. Communications

If you provide your email address, we may use it to send information related to your booking, payment, account, or participation in GlowNFlow services.

Where permitted, we may also send promotional communications. You may unsubscribe from marketing communications at any time by using the unsubscribe option provided or by contacting GlowNFlow.

6. Cookies and Website Technologies

Our website and third-party services used on our website may use cookies or similar technologies to provide website functionality, understand website usage, maintain security, and improve the user experience.

Your browser may provide controls for managing cookies.

7. Data Security

GlowNFlow takes reasonable steps to protect personal information from unauthorized access, use, or disclosure.

However, no method of transmitting or storing information electronically can be guaranteed to be completely secure.

8. Data Retention

We retain information for as long as reasonably necessary for business, customer-service, accounting, legal, security, and recordkeeping purposes.

9. Your Privacy Rights

Depending on applicable law, you may have rights concerning your personal information, including rights to request access to, correction of, or deletion of certain personal information.

You may contact GlowNFlow to make a privacy-related request.

10. Children

GlowNFlow services are intended for adults age 18 and older. We do not knowingly seek to collect personal information from children for the purpose of providing GlowNFlow services.

11. Changes to This Policy

We may update this Privacy Policy from time to time. The updated version will be posted on our website with a revised effective date.

12. Contact

For privacy questions or requests, please contact:

GlowNFlow Face Yoga Studio Maryland, USA Website**:** **www.glownflowfaceyoga.com**

Return Policy:

Effective Date: October 2026
Because GlowNFlow services are scheduled live online sessions and multi-week programs, the following cancellation and refund policy applies.

1. Discovery Sessions

A Discovery Session may be cancelled or rescheduled up to **24 hours before the scheduled session**.
Cancellations made at least 24 hours before the session may be eligible for a refund or rescheduling, subject to the circumstances and availability.
Cancellations made less than 24 hours before the session and no-shows are generally non-refundable.

2. Three-Week Programs

Payments for the **3-Week Glow Reset** and **3-Week Deep Dive Radiance Journey** cover the complete program.
Once a program has started, payments are generally non-refundable.
Missing an individual session does not qualify for a partial refund or reduction in the program price.

3. Makeup or Catch-Up Sessions

When appropriate and when instructor availability permits, GlowNFlow may offer a group makeup or catch-up session for eligible missed sessions.
A makeup session is not guaranteed and does not create an entitlement to a refund.

4. Cancellation by GlowNFlow

If GlowNFlow must cancel or reschedule a session because of illness, emergency, technical problems, or another circumstance, GlowNFlow will make reasonable efforts to provide an alternative session or other appropriate arrangement.

5. Refund Processing

When a refund is approved, it will generally be returned to the original payment method used for the purchase.
Processing times may vary depending on the payment provider and financial institution.

6. How to Request a Cancellation or Refund

Please contact GlowNFlow as soon as possible regarding any cancellation, rescheduling, or refund request.
Requests should include the participant's name, service purchased, and scheduled session or program.

7. Policy Acceptance

By purchasing a GlowNFlow service, you acknowledge that you have read and agree to this Cancellation & Refund Policy.

Digital Product Policy

Effective Date: October 2026

GlowNFlow Face Yoga Studio currently provides primarily live, interactive online face-yoga and wellness services.

This Digital Product Policy applies only if GlowNFlow offers a separately identified digital product, such as a downloadable guide, prerecorded video, recorded course, digital workbook, or other electronically delivered digital content.

1. Digital Product Delivery

Digital products will be delivered electronically using the method specified at the time of purchase.

Customers are responsible for providing an accurate email address and having a suitable device and internet connection to access digital products.

2. Digital Product Access

Digital products are intended for the personal use of the purchaser.

Access information, download links, videos, guides, and other digital materials may not be shared, resold, copied, distributed, or commercially used without written permission from GlowNFlow.

3. Digital Product Refunds

Because digital products may be delivered or accessed immediately after purchase, digital-product purchases may be non-refundable once access has been provided, except where required by applicable law or where GlowNFlow expressly states otherwise at the time of purchase.

4. Technical Problems

If you experience a legitimate technical problem accessing a purchased digital product, please contact GlowNFlow so that we can reasonably assist you.

5. Intellectual Property

All GlowNFlow digital products, including videos, guides, workbooks, written materials, graphics, and other original content, remain the intellectual property of GlowNFlow Face Yoga Studio unless otherwise stated.

6. Current Live Services

This policy does not change the terms applicable to GlowNFlow's live online face-yoga services. Live services are governed by the GlowNFlow Terms & Conditions and Cancellation & Refund Policy.

Custom Policy:

Participant Health & Safety Acknowledgment:

By purchasing or booking a GlowNFlow Face Yoga Studio service, I acknowledge and agree to the following:

1. General Wellness

I understand that GlowNFlow provides general wellness and educational instruction, including face yoga, facial movement, breathing, relaxation, and related techniques.

2. Not Medical Advice

I understand that GlowNFlow services are not medical care, diagnosis, treatment, or medical advice and are not intended to replace advice from a qualified healthcare professional.

3. Personal Responsibility

I understand that I am responsible for determining whether participation is appropriate for me based on my individual circumstances.

If I have a medical condition, injury, recent procedure, pregnancy-related concern, or other health concern, I understand that I should consult an appropriate healthcare professional before participating.

4. Listening to My Body

I agree to participate within my own comfort level and abilities.

I understand that I should stop an exercise if I experience pain, significant discomfort, dizziness, difficulty breathing, or another concerning symptom.

5. Individual Results

I understand that individual results from face yoga, facial movement, breathing, or wellness practices may vary and that GlowNFlow does not guarantee a particular cosmetic, physical, or wellness result.

6. Acknowledgment

By completing my purchase, I confirm that I have read and understood this acknowledgment and agree to participate responsibly and within my own comfort level.